SMALL BLESSINGS DAY CARE CENTER AUGUST 2024 Lunch Menu 2815 WOODBRIDGE AVE., EDISON, NJ 08817 732-452-9798 September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LABOR DAY	2) Chicken Nuggets 4 ea. Broccoli ½ c Mashed Potatoes ½ c, Fruit Cocktail ¼ c VE: Veg-Nuggets	3) Fish Sticks (4 ea) Silver \$ Fries ½ c Sweet Corn ½ c Chilled Fruit or Orange 4oz	4) Turkey Meatloaf (4 oz) w/Gravy Brown Rice ½ c Broccoli ½ c -Melon ¼ c VE: Veg-Burger	5) Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Pineapple DF: Turkey Sandwich
8) Meatless Mondays - Baked Ziti ½ c, Green Beans ½ c, Chilled Fruit or Banana ¼c	9) Chicken Stir fry W/Italian Blend, Wheat Bread 1ea. Yellow Rice ½ c Fruit 4oz Sliced. Pears W/Grated Parm	10) Spaghetti W/Turkey Sauce 4 oz, Wheat Bread 1 ea. Green Beans ½ c Fruit 4 oz Fruit Cocktail VE: Without Meat	11) Chicken Nuggets 4 ea. Silver Dollar Fries ½ c Corn ½ c Fruit 4 oz Pineapple VE: Veg-Nuggets Sub	12) Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
15) Meatless Mondays Chess Stuffed Ravioli 1/2 c/Marinara Sauce Cucumber Slices ½ c Green Bean 1/2c, Apple DF: Turkey Sandwich	16) Fish Sticks (4 ea.) Mashed Potatoes ½ c, Wheat Bread 1ea. Mixed Vegetables ½ c Chilled Fruit or Orange (4oz.)	17) Baked Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Banana 4 oz	18) Turkey Meatloaf (4 oz) w/Gravy Brown Rice ½ c Broccoli ½ c -Melon ¼ c VE: Veg-Burger	19)Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Pineapple DF: Turkey Sandwich
22) Meatless Mondays Baked Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Banana 4 oz	23) Turkey and Cheese on Wheat Bread 1ea. Veggie Beans ½ c, Sweet Potato ½ c, Fruit Cocktail ¼ c VE: Cheese on Wheat	24) Chicken Barbeque Rice ½ c Peas & Carrots ½ c Fruit 4 oz Peaches VE: Veg-Slider W/Cheese	25) Spaghetti W/Turkey Sauce 4 oz, Green Beans ½ c Fruit 4 oz Apple VE: Without Meat	26) Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
29) Meatless Mondays Noodles W/Broccoli Flowerets, Alfredo Cheese Sauce, ½ c, Fruit Cup ¼ c DF: Turkey Sandwich	30) Fish Sticks (4ea) Mashed Potatoes ½ c, Wheat Bread 1ea. Mixed Vegetables ½ c Chilled Fruit or Orange (4 oz.)			1% or Regular unflavored 6 Oz. Milk will be served. Kids under two and half will be severed regular milk

Asare's Den Restaurant & Caterers 855 Hamilton St. Somerset, NJ 08873 Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. This institution is an equal opportunity provider. NOTE:

Menu items may change based on purveyor product availability. We participate with the New Jersey Child and Adult Care Food Program,

Providing completely FREE breakfast, lunch and snacks.